



# SPRING 2026 ARC WORKSHOPS

*Workshops are approximately 30 minutes. Unless otherwise noted, all workshops will be held in L23 at 3:00 p.m. Please bring your laptop or other device to the workshop.*

## **Time Management • Tuesday, January 27**

*Adopt some strategies to manage your choices, clarify your priorities, and use your time well.*

## **Fight the Procrastination Monster • Thursday, January 29**

*Pick up some tools to outsmart the beast that wreaks havoc on your daily schedule.*

## **Stress Management • Tuesday, February 3**

*Learn how to identify your stressors and reduce your stress levels.*

## **Test Preparation • Thursday, February 5**

*Grow your study techniques beyond simple review of class notes.*

## **The Memory Workshop • Tuesday, February 10**

*Discover some new strategies and resources to help strengthen your memory.*

## **Word Study • Thursday, February 12**

*Learn the tools and techniques needed for biblical word study.*

## **Information Literacy • Tuesday, February 17**

*Learn how to navigate library resources and other research materials.*

## **Turabian • Thursday, February 19 • Thursday, March 12**

*Learn Turabian formatting and citation guidelines for use in your research projects.*

## **Library Resources\* • Tuesday, February 24**

*Learn what library and research materials you have access to for study.*

## **Research Foundations\* • Thursday, February 26**

*Develop skills that lead to better research.*

## **APA • Tuesday, March 3 • Tuesday, March 24**

*Learn APA formatting and citation guidelines for use in your research projects.*

## **Thesis and Outline\* • Thursday, March 5**

*Develop a sound thesis statement and outline from your research.*

## **How to Use Chat GPT and Still Be a Good Student • Tuesday, March 10**

*Learn how to follow school policies and utilize AI softwares positively in your academics.*

\*These workshops represent the beginning stages of the research writing process. They are helpful for students working on the Scripture Research Paper for Acts class or for any classes where research is required for writing assignments.